



for

# Health

## Our Help Is Needed

- One in eight women will develop invasive breast cancer over the course of her lifetime.
- Every two seconds someone in the U.S. needs a lifesaving blood transfusion.
- Internationally, more than 1.5 million children under the age of 5 die yearly from vaccine-preventable diseases.



Lt Col Angela Cummins  
U.S. Air Force

## It's Easy To Make An Impact

Promote Hygiene 

**\$30** delivers emergency hygiene kits to a family of four impacted by a disaster.

Prevent Disease 

**\$50** vaccinates 40 children against polio.

Provide Medical Supplies 

**\$75** sends eight exam tables to establish remote medical care clinics.

Give Clean Water 

**\$110** provides clean water for a year to a family of three.

Save a Child's Life 

**\$250** trains a midwife to save hundreds of newborns.

Help Detect Breast Cancer 

**\$500** provides mammograms for five women in need.

## Here's How It Works



Choose your cause  
and show some love today.

Intermountain CFC  
intermountaincfc.org

